



POPSICLE FIDGET STICKS

Instructions:

1. Take your pipe cleaner and string on the beads in whichever order you choose!
2. Take one end of the pipe cleaner and bend it over the popsicle stick top.
3. Secure with tape.
4. Take the other end of the pipe cleaner, keeping the beads on, and bend over the other top end of the popsicle stick.
5. Secure with tape.



SUCCESSFUL FAMILIES SUCCESSFUL KIDS

Fidget with, feel, watch and play with the beads on this fidget to help you focus your attention or to calm down an emotion.



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