



Good News
March 9, 2022



Caslan School

Kindness Activities to support Mental Health at Caslan School

February was Kindness month at Caslan School. We had a caught being kind challenge for students and encouraged kindness throughout the month



Caught being kind challenge winners

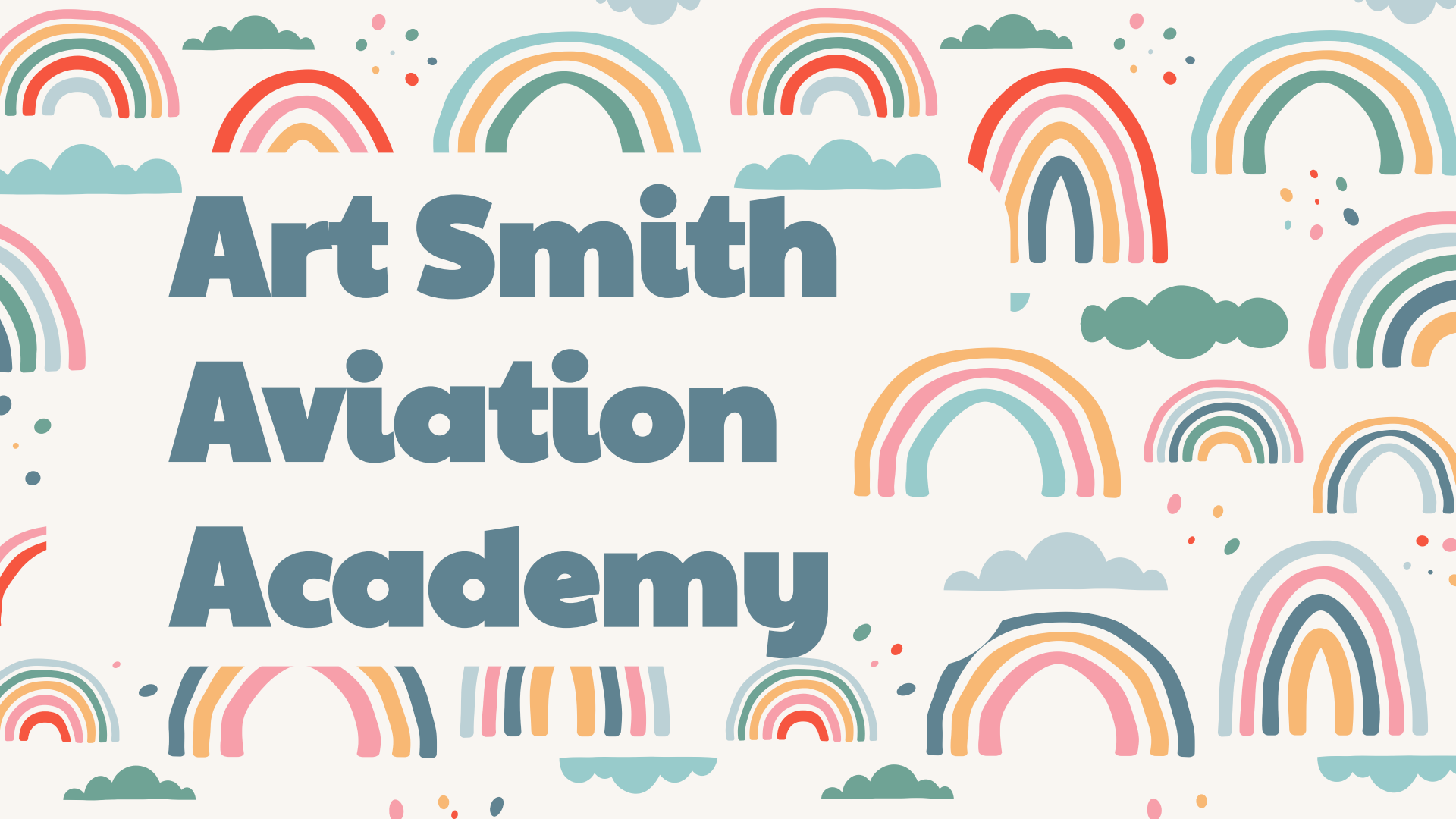


Kindness Singers

Winter Ski Day to support student wellness At Caslan School

We celebrated our cross-country ski program at Caslan School enjoying outside activities by skiing and all the children enjoyed some hot chocolate. Our ski program is supported by #spiritnorth





**Art Smith
Aviation
Academy**

BLACK HISTORY MONTH

A Mental Health and Wellness Initiative:
Representation Matters



The staff and students at ASAA celebrated Black History Month with several writing projects, bulletin boards, and daily stories.



Mrs. Farrell purchased a class set of Crayola's Color of the World crayons so that students could learn about the various skin tones that make up our society!

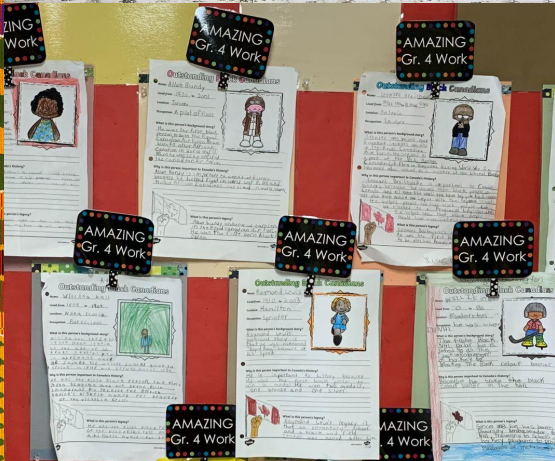


During the morning announcements, the school was treated to a new version of the national anthem and we enjoyed it so much that it has been added in to our regular rotation now! Click [here](#) to listen!





Throughout the school you can see bulletin boards highlighting famous Black Canadians and their contributions to our Canadian Heritage. Students wrote biographical reports on Black Canadians in Mrs. V and Mme Zan's classroom. Mrs. Swansburg (Gr 7/8 Science) even found a neat periodic table of Black Canadian History to display outside her room. Students chose "an element" and researched about the person and added notes for others to read!

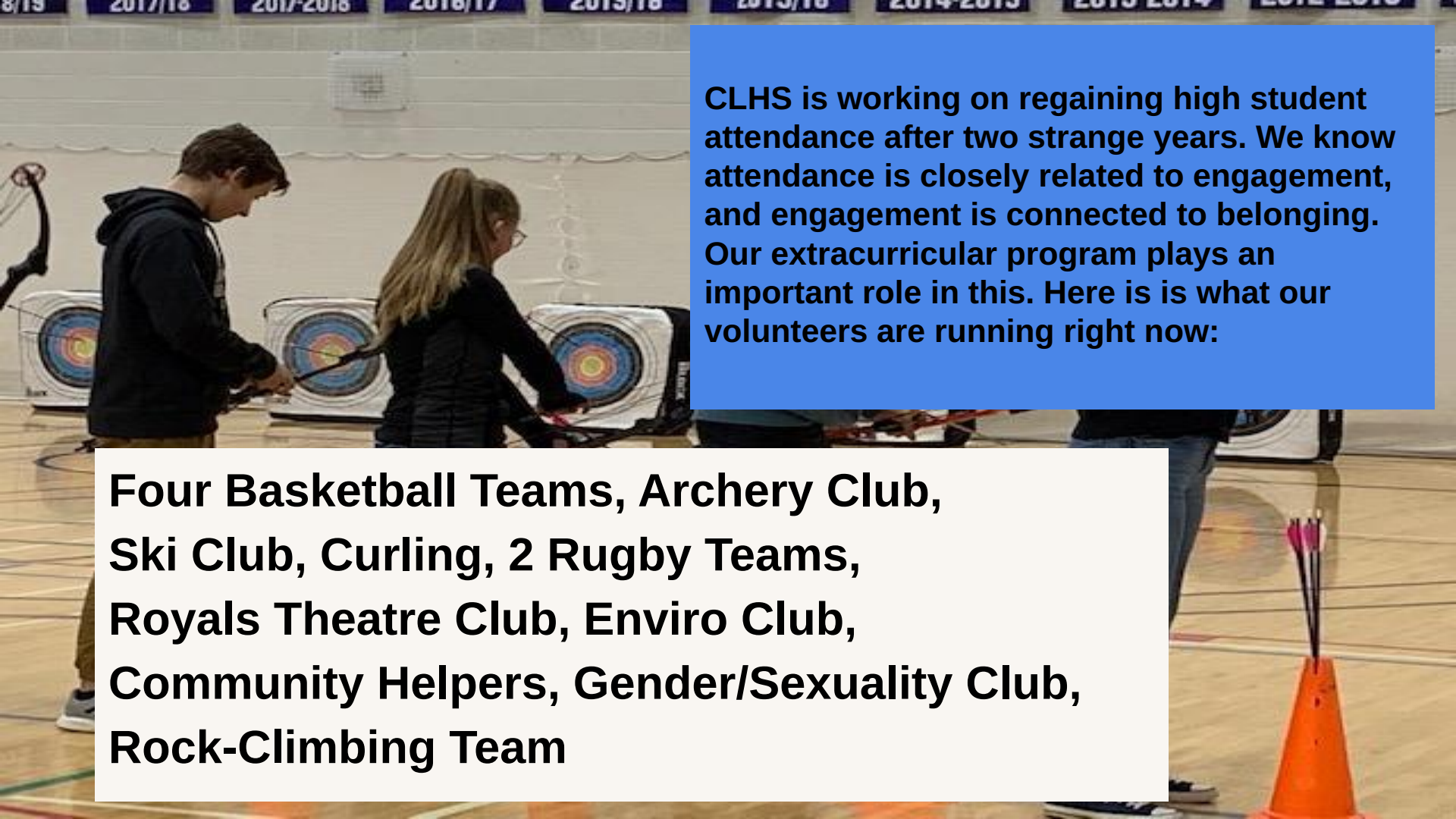


PERIODIC TABLE OF BLACK CANADIAN HISTORY

T Thomas Thomas		PERIODIC TABLE OF BLACK										Op Oprah Winfrey	
A Auntie Anne		CANADIAN HISTORY										D Diana Prince	
Emc Emily Clarke		Ds Doris Alexander		Dc Dorothy Dandridge		E Earl Bagnall		Ch Cherry Clark		P Princess White		Ak Aki Kaurismäki	
V Vivian Vance		G George Elmer Clarke		Dx Doris Alexander		Ad Auntie Anne		Cv Cassius M. Vaughn		Jhs John H. Johnson		Jh John H. Johnson	
Dj Doris Johnson		Lg Lorraine Gibson		Ai Auntie Anne		Bs Bessie Coleman		Dob Doris Johnson		Gj George Johnson		Hj Helen Johnson	
Mlc Marilyn Clark		Ym Yvonne Moore		Ip Irene Phillips		La Lorraine Gibson		Mac Marilyn Clark		Ja John H. Johnson		Sg Sister S. G. G. G.	
Gib Gladys B. B.		ta Tina Turner		Di Doris Johnson		Dda Doris Johnson		Rs Rosa Parks		Aa Auntie Anne		Mdc Marilyn Clark	
Theatre		Artists, Athletes and Performers		Activists		Government		Writers		Visual artists and LGBT+ activists		Poets	
Medicine		Scientists		Business		Education		Government		Writers		Visual artists and LGBT+ activists	


The background features a repeating pattern of stylized rainbows in various colors (red, orange, yellow, green, blue, purple), fluffy clouds in shades of green and blue, and small colorful dots scattered throughout. The text is centered in a bold, dark blue font.

Cold Lake High School



CLHS is working on regaining high student attendance after two strange years. We know attendance is closely related to engagement, and engagement is connected to belonging. Our extracurricular program plays an important role in this. Here is what our volunteers are running right now:

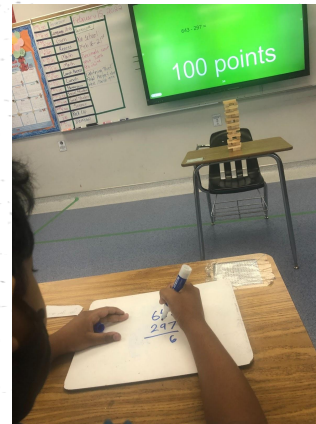
**Four Basketball Teams, Archery Club,
Ski Club, Curling, 2 Rugby Teams,
Royals Theatre Club, Enviro Club,
Community Helpers, Gender/Sexuality Club,
Rock-Climbing Team**



Aurora Middle School

Numeracy Goal

Aurora's school plan for numeracy includes a strategy of **gamification** to enhance student engagement in building numeracy skills, confidence, and enthusiasm. Pictured here, a Grade 6 class participated in a fun new review game designed by their teacher. The class was split into two teams and faced off answering decimal-related questions. Points were awarded, but there was an added component of playing Jenga with blocks that either helped or hindered their team. Blocks included singing every word of the question, saying 'meow' at the end of every sentence, or even pulling specific, risky Jenga blocks from certain areas of the tower. Lots of laughs throughout the game that engaged students in numeracy development!



Health & Wellness Goal

One strategy in Aurora's school plan specifically targets our transition plan for incoming Grade 4 students feeling a sense of belonging. LSAA permits only students in grades 5 through 9 to compete, and that felt particularly unwelcoming as a grade 4 through 8 school. Aurora students in grade 4 were not previously included in the extra-curricular life, so we changed that. While they cannot yet participate in LSAA competition, we've opened our practices to grade 4 students to focus on building basic movement skills, healthy attitudes of sportsmanship, and parents and students are reporting high levels of engagement and satisfaction. Pictured here is a guided scrimmage game with Light of Christ, where Grade 4 students were an important part of their team! The mentoring of our new Thunderbirds by Grade 5s and 6s was an added bonus! Connection and belonging to our school makes a huge difference for kids!





Glendon School

AUTHOR VISIT

Focus: Student Mental Health & Wellness

Grades 3/4 enjoyed a Google Meet with author David Bradley, out of Las Vegas. He wrote a children's book titled *Big Head Bob*.

The message in the story is about taking what you see as your own weakness and turning it into a strength, as well as how to deal with big emotions, stresses and triggers.

Mr. Bradley also spoke to the process of becoming an author. Students were surprised, and inspired, to learn that *Big Head Bob* is based on a story he wrote when he was 8 years old!



Glendon School Hroshi Monday

We Support Ukraine

Our elementary and Jr./Sr. High Leadership teams are working together to raise funds for Ukraine.

Monday, March 7th was **Hroshi Monday** with students and staff showing their support by wearing **Ukrainian** Clothing and/or **Blue** and **Yellow**!



Grade 3 students in front of the display that was prepared by our Leadership students and staff.

Numeracy

- Playing double games all about “times 2”
- Drawing a 3D model of the number 2 using 22 blocks
- Designing a numeracy brochure incorporating the number 2 in place value, word problems, algebra equations, geometry, data gathering
- Representing the number “2” concretely, pictorially, and symbolically
- Completing math problems dealing with 2’s and doubles

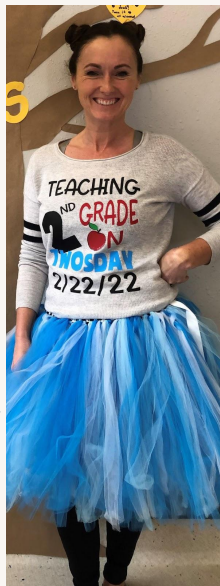
Literacy


- Reading the book *Two of Everything*
- Preparing a time capsule to be opened 03/03/2033
- Writing 22 of each of the parts of speech and using them in 22 sentences
- Learning about the idiom Catch-22 and making their own Catch-22

Glendon School “Twosday”

Glendon School celebrated everything “two” and “pairs” on February 22 (02/02/2022). Numeracy, literacy, and movement activities centred around the number 2 and 22.

Staff dressed in tutus, double ties, and pigtails!





**Learning
Together
Anywhere**



GOOD NEWS




10th EDITION

March 2022

Pink Shirt Day : Feb 23, 2022



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Cold Lake Middle School

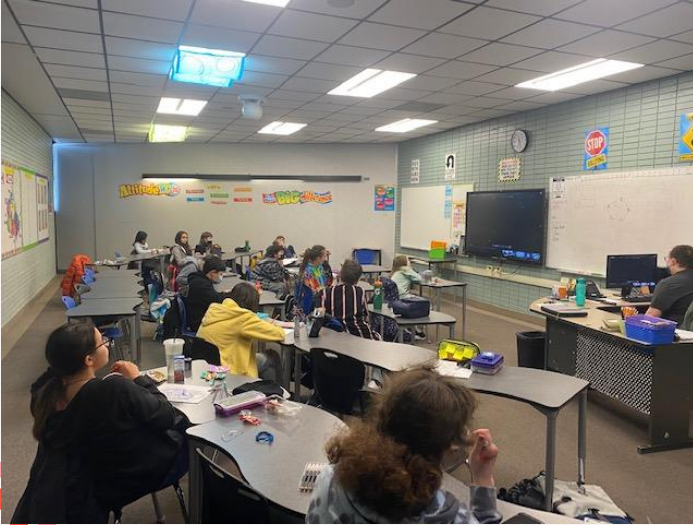


Grade Sixes at Cold Lake Middle School explored Cold Lake's local government with our mayor Craig Copeland on Tuesday!



**Cold Lake Middle School's Grade Sixes
analyzing footprints as part of their
Evidence and Investigation unit out in
the snow!**

Student Activities



Miss Morawietz's Science 6 class learned about space from a Telus World of Science virtual presentation.



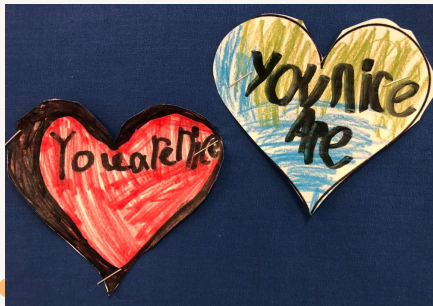
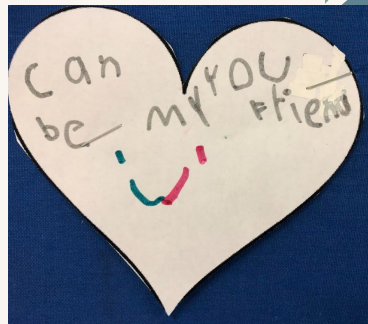
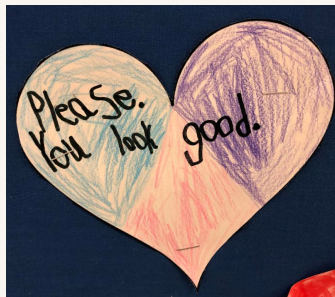
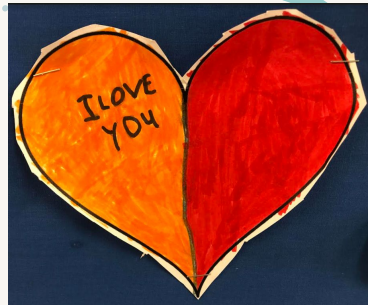
Students on the basketball teams enjoyed being able to play against other schools and having parents and classmates cheering them on!




**Vera M.
Welsh
Elementary**



Winter Walk Day Video

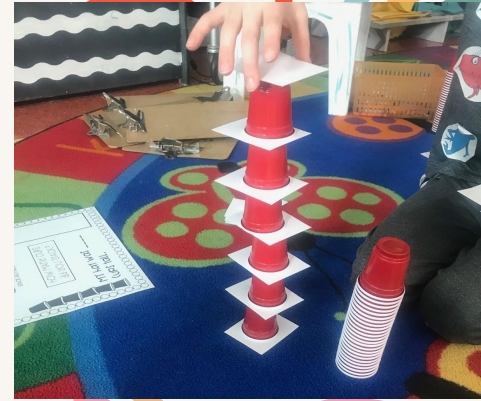




Duclos School

Our 100 day celebration tied in well with a numeracy focus. Students used items to learn about measurement, counting in groups, and weight.

100 Days of Duclos





**Bonnyville
Centralized
High School**

There is plenty of research supporting the concept that music can help youth in many ways. BCHS used a grant from Canadian Natural to purchase a great jukebox for the Hub and on Friday brought back Karaoke for lunch. The mood was eclectic. Kids were supporting kids and there was lots of laughter and smiles.





Cold Lake Elementary

CLES Peace Patrol





Peace Patrol Program

- A voluntary program for Grade Three and Four students at CLES.
- Develops student leadership qualities and skills through instruction, scenario based learning, practical application.
- Peace Patrollers feel a sense of belonging and pride by assisting their CLES peers
- Younger students cannot wait for their chance to be on the Peace Patrol!
- Thank you to our School Resource Officer Trish Gillett and our SAC Mrs. Haley Reed who mentor these student-leaders throughout the year!





[A video to share - "Why I joined Peace Patrol!"](#)



Proud to be on Peace Patrol!

Assisting on
playground
supervision!

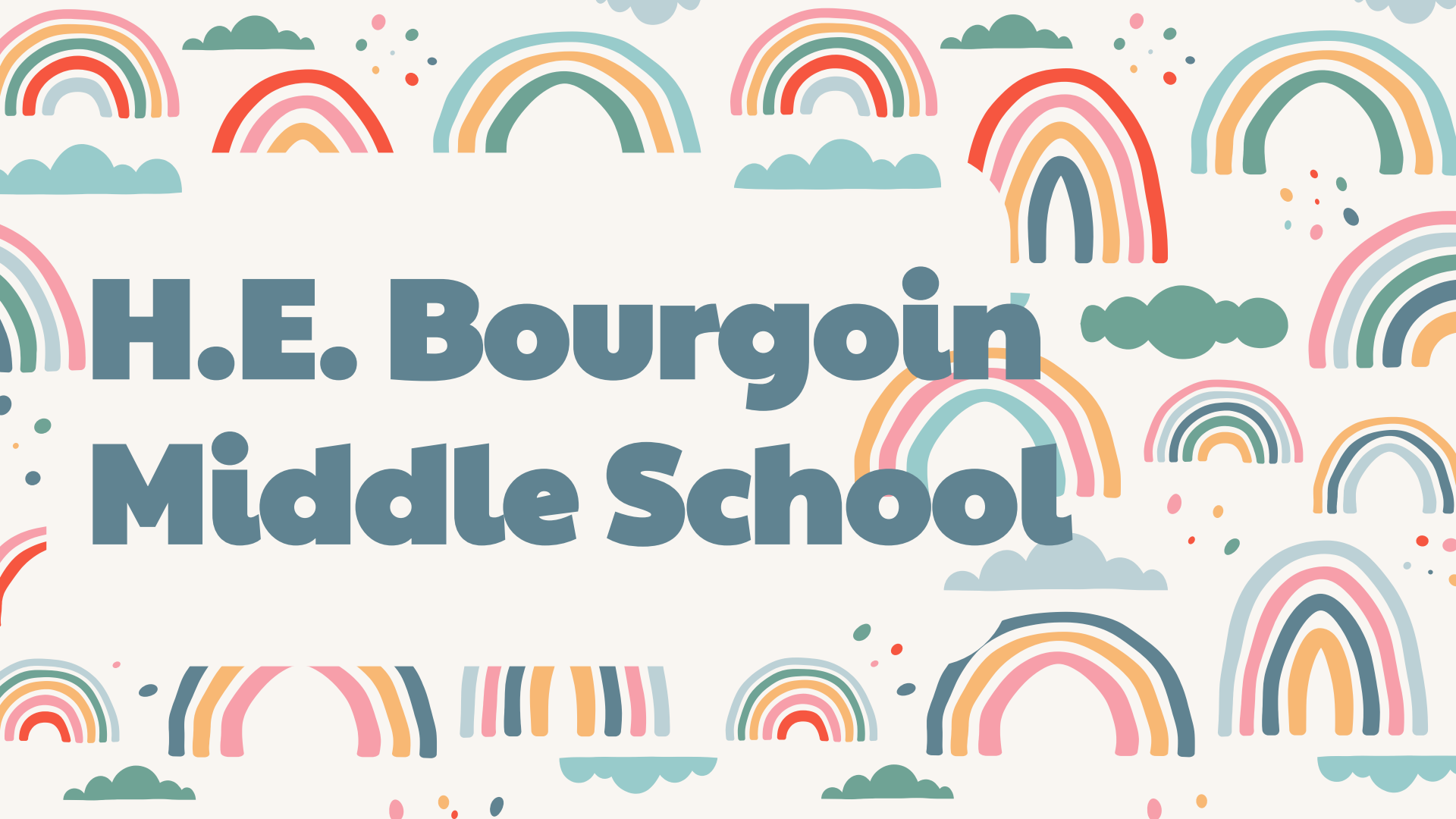


Passing out
breakfast to all
classrooms
every morning!



"I joined Peace Patrol because I saw my older cousin
doing it. I wanted to be like her and help kids!"

Lexi, Gr.4

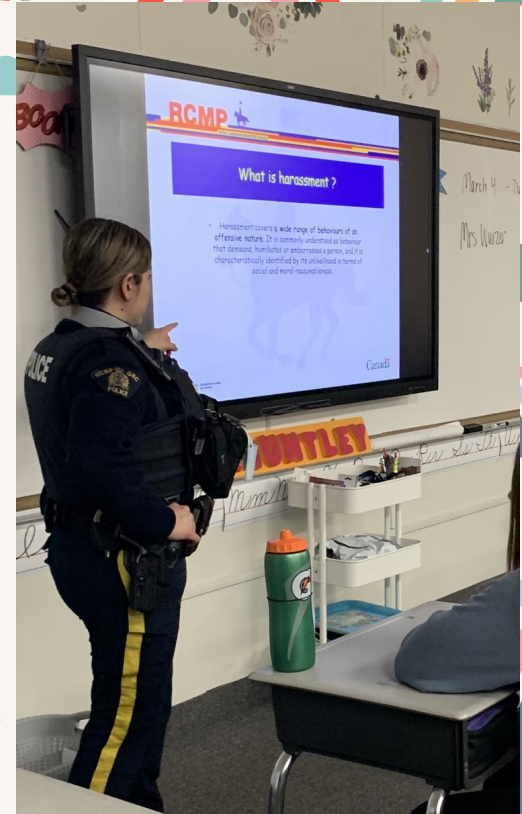


H.E. Bourgoin Middle School

Elder Peggy Flett provided invaluable input and will be connecting with the school's Journey Leaders and helping redesign a wellness space in the school's Learning Commons dedicated to honouring Indigenous cultures.



Constable Carolina Mendosa spoke to Grade 8 students about harassment on social media platforms and in person.





North Star Elementary



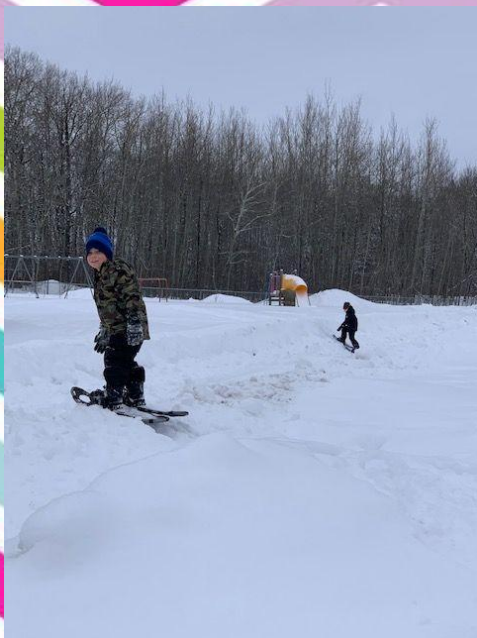
Students at North Star Elementary have been showing kindness by using their hearts and hands to lift people up! We are learning that one small act of kindness can have a huge impact on someone's day. Our SMILES shine for MILES!





Wandering River School

Snowshoeing In K-3



Cross Country Skiing and Snowshoeing in 4-6



100 Days of School Fruit Loop Necklaces with Pre-K to Grade 3!



100 Days of School K-3 Building with our collections of 100!



4-6 Mental Health and Wellness Activity

Breathing activity followed by painting time





Thanks!

Do you have any questions?

communications@nlsd.ab.ca

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