

BETTER SPEECH & HEARING MONTH

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 You're a detective! Guess what this is: - it is an animal - it is grey - it is huge - it has a long trunk for a nose - it has big, flat ears	3 TRUE or FALSE? Your ears never stop growing.	4 How many things can you find in your bedroom that start with a 's' sound? What about things that end with a 's' sound?	5 It's spring time! Think about getting ready to go to the lake. How many steps can you list? For example, step 1 is find your swimsuit!	6 Close your eyes and stand in the middle of the room. Have your friend pick a corner to stand in. Get them to whisper your name and see if you can figure out what corner they are in!	7
8	9 Pick a mystery word of the day and challenge yourself to see how many times you can use it without anyone noticing. To make this more interesting, pick a word you wouldn't use every day like hippopotamus!	10 Fill 5 containers with different items (ex. sand, cotton balls, beans, etc...). Close your eyes and shake each container. Can you guess what's inside each container? Talk about what sounded loud and what sounded quiet.	11 TRUE or FALSE? Besides helping you hear, your ears also help you keep your balance so you don't fall down.	12 What doesn't belong? Sheep, Cow, Dolphin, Pig What big category do these belong in? What sub-category does each one belong in? Can you add to one of the groups?	13 Choose a sound of the day and see how many things you can find throughout the day that start with your sound. Challenge someone in your family to see who can find the most things with your sound.	14
15	16 Go for a walk and listen to the noises in your environment. How many different things can you hear? Do you think any of them are at a dangerous noise level that could hurt your ears or are they at a safe noise level?	17 What is your favourite animal? Think of one in your head and give hints to a friend. See if they can guess what animal you are thinking of!	18 Sing your favourite song 3 ways! Start singing it in a quiet whisper voice, then sing it in your normal inside voice, then in your loud outdoor voice. Get someone else to sing their favourite song and walk around the house while listening to how different it sounds in each room.	19 Play Simon Says with a friend or a group of people. Take turns giving each other directions to follow. Start off by giving each other simple 1-step directions and make them more challenging as you go by making them do 2 or 3-steps.	20 Read a bedtime story and talk about the different elements in the story you learned about. Who are the characters? Where is the setting? What was the problem? What was the solution? Re-tell the story to someone in the mornin	21
22	23 Change the first sound in the word 'cat' to make different words (ex. cat, hat...). See if you can think of 5 rhymes!	24 TRUE or FALSE? If someone is exposed to loud noise over a long period of time, permanent hearing loss will not occur.	25 Can you put all three of these words into the same sentence? Dog Muffin Rain	26 Socks go with feet. A monkey goes with a banana. Rain goes with an umbrella. What goes with soap? How about stars? Think of 4 more things that go together.	27 Think about an apple and a banana. How are they the same? How are they different?	28
29	30 TRUE or FALSE? Your hearing turns off when you sleep, so you actually only hear sounds when you are awake!	31 Have a WH- Question scavenger hunt around your house or neighbourhood. Take turns asking each other questions and find the related person, place, or thing. For example - Where do you brush your teeth?				

