

Positive Mindset JAR



INSTRUCTIONS

Materials: jar or box

paper

printer

scissors to cut

Decorate your jar or box however you would like.

Print the positive affirmations.

Cut each affirmation out and place into your container.

Choose one affirmation daily.

Enjoy your day!

Positive Mindset

JAR



Don't sweat the small stuff

BE KIND
TO ALL
KIND

You are one in a melon

WAKE UP & BE AWESOME

YOU HAVE THE COURAGE TO BEGIN AGAIN

You are Enough

SEE THE GOOD IN YOURSELF AND IN OTHERS

it's a good day to have a good day

We rise by lifting others

The man who moves a mountain begins by carrying away small stones

We are all still growing

Be the best VERSION OF Yourself

Positive Mindset

JAR



**YOU ARE
EGGCELLENT!!!**

Be a rainbow
in someone
else's cloud



Today I choose
HAPPINESS

Talk to
yourself like
someone you
love & treasure



take a
small step
EVERYDAY!



BELEAF
in yourself



Create your own
SUNSHINE



dream
create
Be AWESOME
repeat



You are
a **GIFT**



When it is dark,
look for the
LIGHT



**YOU
GOT
THIS!**

When someone says
you can't do it, do
it twice, and prove
them wrong!

X²



Positive Mindset JAR



Everything will
BEE Just fine!



Each new
day is
filled with
possibilities



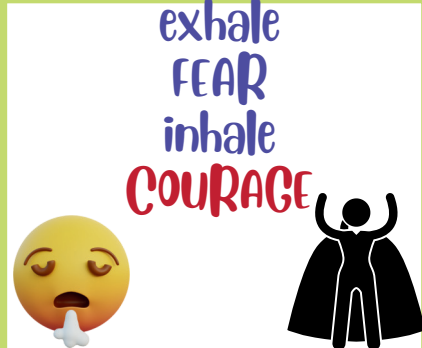
wherever
you go, always
bring your own
sunshine



You are AMAZING!



change
your
thoughts
and you
change
the
world



It always
seems
impossible
until it's
DONE!



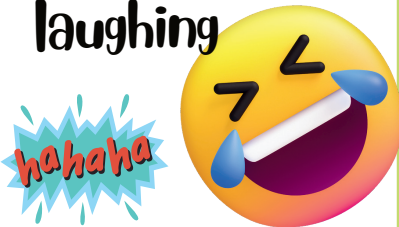
Today might
be hard, but
you are
TURTLE-Y
rocking it!



Positive Mindset JAR



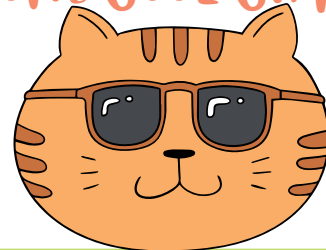
Life is better
when you are
laughing



You have
totally
GOAT this!



You are
ONE COOL CAT



Nothing is
impossible



Dream big
my DEER

DONUT ever
give up!



Go get 'em TIGER

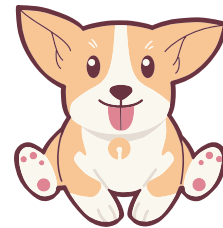


You were meant to



STAND
OUT

Make it a
PAWSOME day!



You are
INCREDIBULL



Don't worry. Be
HOPPY



Make it a
fanCACTUS
day!

