

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# DECEMBER KINDNESS

## activity calendar

These can be done in any order



1

Draw a picture for a friend



2

Leave a friendly note in a library book



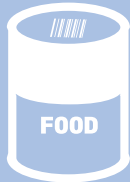
3

Cleanup garbage in your neighborhood



4

Donate old toys



5

Donate food



6

Hold the door open for someone



7

Give out Compliments



8

Help someone complete a task or chore



9

Walk your dog or someone else's



10

Volunteer



11

Clean up without being asked



12

Give someone a Christmas card



13

Put candy canes under people's windshield wipers in a parking lot



14

Offer to help wrap gifts



15

Read a book with someone in your family



16

Smile at everyone you see today



17

Sing Christmas carols



18

Call a long distance relative or friend



19

Help cook a meal



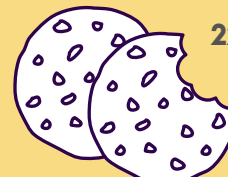
20

Shovel someone's driveway



21

Create a homemade gift for someone



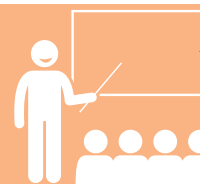
22

Bake cookies for someone



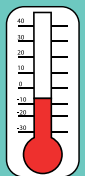
23

Help decorate for Christmas



24

Teach someone something new



25

Participate in a fundraiser



26

Do someone kind for someone in your home

THANK YOU!

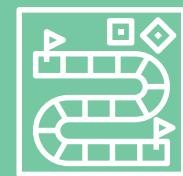
27

Tell someone why you are thankful for them



28

Make a list of what you are thankful for



29

Play a board game with your family

YOU GOT THIS!

30

Write post-it notes of encouragement and leave them random places



31

Write out positive qualities about yourself

